

PLEASE BRING FOOD ITEMS TO THE August 18, 2024 MEETING
The food banks need the following food items:

Parmalat Milk
Hot & cold Cereal
Pancake Mix
Syrup
Spaghetti Sauce
Ravioli
Spaghetti-O's
Pasta (boxes, mixes)
Tuna
Macaroni & Cheese
White/Brown Rice (regular & mixes)
Snacks (bars, pudding, Jell-o)
Canned Gravy
Canned Soup
Canned Tomatoes
Canned Fruit (regular & no sugar)
Canned Meats (stews, corned beef, spam, chicken, turkey)
Canned Vegetables (regular & no salt)

hand soap
diapers/wipes
dish & laundry detergent
Paper towels
shampoo
toilet paper
toothpaste
deodorant

“BACK PACK” FOOD

BEEF STEW (small cans),
VIENNA SAUAGES (small cans)
TUNA (3 oz. pull-top cans & bags),
CHEF BOYARDEE
CANNED PASTA (7 oz.)
JUICE BOXES,
PUDDING CUPS,
FRUIT CUPS,
JELL-O CUPS
RAMEN NOODLES,
CEREAL (small boxes)
SNACKS (individual packs, pretzels, cookies, bars)
MAC & CHEESE (microwaveable packets)



****Please no glass containers****

All donations will be collected at the August meeting. Ask friends, family, neighbors, co-workers, and local markets to help. All items collected will be donated to the Community Food Banks of NJ.